**Vibha Deshpande**

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**Professional Qualification  
 Master of Science in Psychotherapy and Counseling (2002-2004) with Distinction**

**(**Institute for Management and Behavioral Sciences, Chittoor, A.P)

**Diploma in Early Childhood Care and Education(1997-1998) with A grade**

(Indira Gandhi National Open University, New Delhi )

**Certificate in (Educational) Guidance with A grade (1999-2000)** (Indira Gandhi National Open University, New Delhi )

**Certificate in Learning Strategies**

(Kansas State University US)

**Certificate in Feuerstein Instrumental Enrichment**  
 ( International Center for Enhancement of Learning Potential, Jerusalem )

**Professional Experience:**

Project 1 : **The Personality Clinic, Satara (Jan 2005 – December 2011)**

Founder Director

Achievements:

1. **Psychotherapy and Education:**

* Marital problems
* Psychosomatic and lifestyle illnesses
* Educational issues of Students
* Interpersonal and intrapersonal issues
* Anxiety, Phobia , Depression
* Stress Management

1. **Trainings :**

* **Employability and Career Choice Training** Students of Satara College of Pharmacy( Jan 2006 to Apr 2010)
* **Team Building, Stress Management, Communication Skills, Work Life Balance**

Cooper Corporation, Tata Bluescope Steel, Parnjape Autocast

* **Teacher Training Programs**   
   KSD Shanbhag Vidyalay, Hindvi Public School , Saraswati English Medium School
* **School Development Program**

Gurukul School, Satara.

* **Personality Development and English Communication**
* **Working with Children**

Training for N.G.O’s working with children with Let’s Play

1. **Translation :**

* Translating documentations of various NGO’s (Marathi to English/ English to Marathi)
* Translation of interviews ( English to Marathi/ Marathi to English, English to Hindi)
* Translation of educational material (English to Hindi, English to Marathi)
* Translation of Psychological assessment material (English to Marathi)
* Translation of various sociology, psychology related articles (English to Marathi. Marathi to English)

Project 2: **Maitryi Balvikas Kendra, Satara.** (Aug 1995 to Dec 2005) Founder, Director

Achievements:

* Maitree Pre-primary school
* Phulrani Children’s Club
* Parenting Workshops
* Workshops on Career Guidance
* Summer Camps and Creativity Workshops for Children

Project 3: **School Counselor** ( Sept 2004 to Dec2012)

**KSD Shanbhag Vidyalay, Satara**

Achievements:

* Teacher- student interaction
* Educational performance
* Confidence building and Communication Skills for students
* Study skills and techniques improvement for secondary grade students
* Parenting education
* Activities for Enhancement of Learning Potential

**Researches :**

* **Relevance of Self Image with Educational Performance**
* **Effect of Language and Logic Development on overall academic performance.**
* **Brave New World- Challenges and Opportunities: Challenges for Indian Women in terms of Sexual behavior** Asian Psychology Conference, Japan.
* **Avoiding medical intervention: A psychosocial issue’**Health Psychology Conference , Crete, Greece.

**Presentations and Seminars:**

* **IIT IDC Mumbai** (Jan 2010) **Play way to Enhance Learning Potential** : A research about impact of

guided games and activities on level of understanding of primary school student

* **Islamic Azad University, Tehran, Iran** (Sept 2011): Problems in Language Development and

it’s effect on learning and behavior.

**Media :**

* Parenting Workshops and lectures with **Daily Sakal** and many schools.
* Series of programs on Parenting on local TV channel, SBN.
* Various programs on Akashvani about Exam Anxiety, Study techniques, Parenting etc.
* Write up for Sakal, Lokmat, Maharashtra Times and Punynagari on issues related to

Mental Health, Education, Parenting.

**Memberships**

* Center for International Research on Psychology, Islamic Azad University
* Center for Indian Psychology, Jain University, Banglore
* National Academy Of Psychology, New Delhi
* Pondicherry Psychology Association, Asian Psychology Association.

**Languages known**  English, Hindi, Marathi